

## **COURSE INFORMATION**

Course Name: Flexible Elective TCM Subjects Training

Course Type: Short- Term Course

Teaching Languages: Mandarin, English, French, Japanese, or Korean

Teaching Mode: Either theoretical lectures or clinical training, or theoretical and clinic integrated training.

Course Duration: 3 to 20 days

## **GENERAL INTRODUCTION**

Course design accords to the need of students. Courses are divided to theoretical courses and clinic practice.

- The minimum number of people for theoretical courses is 5.
- No minimum number restriction for clinic practice.

### **Applicant requirement:**

Healthy amateur of Traditional Chinese Medicine, age between 18 to 50 (count on the first day of the course).

## **TEACHING RESOURCES**

Professors, associate professors, lecturers of faculties of teaching and research laboratories.

## **CLINICAL PRACTICE BASE**

The university provides clinical training resources.

- Affiliated Hospitals: Longhua Hospital, Shuguang Hospital, Yueyang Hospital of Integrated Traditional Chinese and Western Medicine, Putuo Central Hospital, Shanghai Integrated Chinese and Western Medicine Hospital;
- Research Institute: Shanghai Institute of Acupuncture and Moxibustion, Shanghai Qigong Research Institute;
- Other Municipal Hospitals: Ruijin Hospital, Shanghai General Hospital;
- Special Hospitals: Xiangshan Hospital, Jingan District Central Hospital, Punan Hospital

## TEACHING INFORMATION

| Categories                        | Events                    | Teaching Languages                          | Recommended Period/Class hours |
|-----------------------------------|---------------------------|---------------------------------------------|--------------------------------|
| Traditional Chinese Medicine, TCM | TCM Fundamentals          | Mandarin, English, French, Japanese, Korean | 2 weeks (64 hours)             |
| Traditional Chinese Medicine, TCM | TCM Internal Medicine     | Mandarin, English, French, Japanese, Korean | 1 week (32 hours)              |
| Traditional Chinese Medicine, TCM | Tui Na,                   | Mandarin, English, French, Japanese, Korean | 2 weeks (64 hours)             |
| Traditional Chinese Medicine, TCM | Acupuncture & Moxibustion | Mandarin, English, French, Japanese, Korean | 2 weeks (64 hours)             |
| Traditional Chinese Medicine, TCM | Health Care               | Mandarin, English, French, Japanese, Korean | 2 weeks (64 hours)             |
| Traditional Chinese Medicine, TCM | Scraping Method           | Mandarin, English, French, Japanese, Korean | 1 week (32 hours)              |
| Traditional Chinese Medicine, TCM | Foot Reflexology          | Mandarin, English, French, Japanese, Korean | 1 week (32 hours)              |
| Traditional Chinese Medicine, TCM | Pediatric Tui Na          | Mandarin, English, French, Japanese, Korean | 1 week (32 hours)              |
| Traditional Chinese Medicine, TCM | TCM Cosmetology           | Mandarin, English, French, Japanese, Korean | 2 weeks (64 hours)             |
| Traditional Chinese Medicine, TCM | TCM Medicinal Cuisine     | Mandarin, English, French, Japanese, Korean | 1 week (32 hours)              |
| Western                           | Anatomy                   | Mandarin, English,                          | 1 week                         |

|                   |                                  |                                             |                    |
|-------------------|----------------------------------|---------------------------------------------|--------------------|
| Medicine          |                                  | French, Japanese, Korean                    | (32 hours)         |
| Qi Gong Exercises | Ancient Chinese Dao-Yin Exercise | Mandarin, English, French, Japanese, Korean | 1 week (32 hours)  |
| Qi Gong Exercises | Yi Jin Jing Exercise             | Mandarin, English, French, Japanese, Korean | 1 week (32 hours)  |
| Qi Gong Exercises | Tai Ji Exercise                  | Mandarin, English, French, Japanese, Korean | 2 weeks (64 hours) |
| Qi Gong Exercises | Hui Chun Exercise                | Mandarin, English, French, Japanese, Korean | 2 weeks (64 hours) |
| Qi Gong Exercises | Relaxation Exercise              | Mandarin, English, French, Japanese, Korean | 1 week (32 hours)  |
| Clinics           | Acupuncture & Moxibustion        | Mandarin, English, French, Japanese, Korean | 1 week (32 hours)  |
| Clinics           | TCM Internal Medicine            | Mandarin, English, French, Japanese, Korean | 1 week (32 hours)  |

\* Class contents and time are flexible according to students.

### Time for class

Recommended study time and time limit

- Theoretical Lecture: 9:00 – 12:00 and 13:00 – 15:30
- Clinical Training: 8:30-11:10 and 13:00-15:00

### LOCATION

Theoretical Lecture Location:

- Shanghai University of T.C.M. Campus: 1200, Cailun Road, Zhangjiang High-tech Park, Pudong New Area, Shanghai
- Lingling Road Campus, Shanghai University of T.C.M.: No.530, Lingling Road, Xuhui District, Shanghai. (Nearby Dongan Road station of Metro Line 4 and 7, beside Longhua Hospital)

Clinical Training Location: Clinical Practice Base (more information on

<http://iec.shutcm.edu.cn/en/2016/0901/c621a9617/page.htm>)

### FEES

Look through <http://iec.shutcm.edu.cn/en/2018/0112/c624a11316/page.htm> for details.

## **APPLICATION PROCEDURE**

International students' application should be completed online. The log in website is <http://apply.shutcm.edu.cn>.

In order to achieve better browsing effect, it is recommended to use browsers that have Internet Explorer 7.0 or more editions or Google chrome.

When signing up, in case of not receiving application email, please do not use Gmail, and avoid using Hotmail, Live or Outlook. If problems are found during application, please contact with [program@shutcmiec.com](mailto:program@shutcmiec.com)

## **OTHER INFORMATION**

Bank account of university: click to view

<http://iec.shutcm.edu.cn/en/2013/1118/c635a7093/page.htm>

Certificate Grant: to who has completed the selected course with 20 minimal class hours and qualified for all required exams.